

PHYTONUTRIENT GARDENER'S MARCH GUIDE

Spring is here. We made it! Now just take a moment to think about the garden to come.... Now make it happen!!



In the Phytonutrient Garden

Get cool-season crops into the garden now. Don't wait—soon the weather will be too hot for them.

Have row covers or homemade windbreaks handy to protect plants on chilly nights.

In the Phytonutrient Garden



Early this month, sow the last plantings of spinach, turnips, mustard, beets, carrots, and broccoli. In mid-to late March, plant corn, tomatoes, squash, peppers, and cucumbers.

In the Phytonutrient Garden



Keep your floating row cover nearby and handy in case we have a late cold snap. You can wrap tomato cages or pea trellises, and make tents for squash or melons. Row cover can also help protect new little transplants from strong springtime winds.



In The Fruit Garden

As soon as the buds start to swell, it's time to begin pruning apple, plum, and cherry trees. Plum trees should be pruned to an open center, while apple and cherry trees grow best pruned to a modified leader (center is more closed and tree is more upright). Remove any dead, diseased, or broken branches, as well as crossing branches and twiggy, nonproductive growth.

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It is garden time!!



In the Phytonutrient Herb Garden

Continue planting Herbs: Basil, Chives, Dill, Parsley, Echinacea, Fennel, Oregano, Rosemary, Sage, Sorrel, Thyme.



In the Yard

This is the best month for planting roses in heavy soils or in cold areas. Avoid planting in areas where roses were previously grown, otherwise new introductions may suffer from replant disease.



In the Yard

Bermuda lawns may benefit from a "scalping" to remove the tall brown stubble of winter. Scalping is not necessary but can make the grass softer and easier to mow in summer. Gradually lower your mower blade to a final mowing of about 1", and remove the clippings. Don't scalp other grasses.

In The Living Room

There is still time to order seeds and Phytonutrient Farms is now open with over 100 varieties of organic, non-GMO seeds for phytonutrient-rich plants. Visit us at: www.phytonutrientfarms.com

