# PHYTONUTRIENT GARDENER'S JUNE GUIDE

June is when the harvesting gets going!

## In the Phytonutrient Garden



Take cuttings from your favorite shrubs when the branch wood hardens slightly,

Set out seedlings of late-summer flowering annuals, Add a layer of mulch (2-3 inches) around newly planted trees and shrubs

Cut back and thin out diseased or spindly branches of spring-flowering shrubs

Fill flower garden gaps with larger sizes of summer-blooming annuals

## In the Phytonutrient Garden



Transplant tomatoes, eggplant, peppers, sweet potatoes, southern peas, and other heat-loving veggies, if you have not yet done so.Now is the time to plant Black eyed Peas, Okra, Pumpkin, New Zealand Spinach, Malabar Spinach, Winter Squash.

Fruits: Cantaloupe, Honeydew, Watermelon.



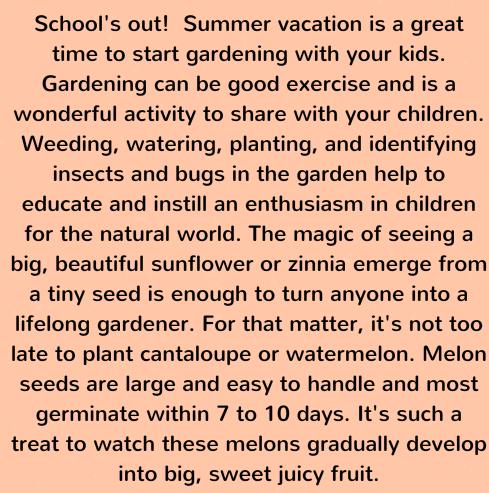
### In the Phytonutrient Herb Garden

You can still grow just about anything so continue to sow seeds of: Anise, Basil, Bay, Catnip, Comfrey, Cumin, Fennel, Germander, Horehound, Lamb's Ear, Lavender, Oregano, Perilla, Rosemary, Sage, Summer Savory, Winter Savory, Sorrel, Southernwood, Tansy, Tarragon, Thyme.

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#### Think about this...



You can find kids hand tools, hoes, rakes, gloves, watering cans, watering wands, books and more at nurseries and big box stores - all will make your child's experience more fun.







