

PHYTONUTRIENT GARDENER'S AUGUST TO-DO GUIDE

August is when the heat really has us withered!

In the Phytonutrient Garden



Prune berries. Gather and dry herbs. In empty beds, plant a cover crop to build soil and reduce erosion. Start seeds of broccoli, cabbage, and cauliflower to transplant later. Work compost into the garden now so it can mellow before planting.

In the Phytonutrient Garden



Begin planting for the fall/winter vegetable garden! YES! I love a Fall Garden!!! Check for the seeds you will need at Phytonutrient Farms website for the best seeds at the best prices.

www.phytonutrientfarms.com

In the Phytonutrient Herb Garden



Fall herb seeds or starters can be planted now. If you live in colder climates, use a cold frame, otherwise sow directly in the ground. Consider dill, cilantro, parsley, and chives..

**Plant some garlic cloves
now for a wonderful
spring crop!!**



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In the Yard

Pick up and destroy fallen fruit from fruit trees to limit insect infestations. Make sure newly planted shrubs and trees get plenty of water.

Install stakes for training and shaping.

In the Flower Garden



Harvest annual statice, strawflowers, and ageratum, and then dry them in a cool, airy place. Plant annual candytuft (*Iberis umbellata*) and marigolds for fall color. Plant calendulas, stocks (*Matthiola incana*), bachelor's buttons (*Centaurea cyanus*), and forget-me-nots (*Myosotis sylvatica*) for early spring color.

In the Phytonutrient Garden



Water, water, water! Early morning is the best time to water – target plants directly, and water deeply. Keep close watch on your birdbath, water features, and hummingbird feeder – take steps to correct or avoid mold, stagnation, and mosquito larvae. Continue weeding, to reduce competition for water and nutrients.