

# ***PHYTONUTRIENT GARDENER'S FEBRUARY GUIDE***

Spring is just around the corner! It's time to get the garden tools out and get a head start on planning and creating your spring garden.

## **In the Phytonutrient Garden**



Prepare the garden for spring planting by digging in generous helpings of compost. Compost is one of the single best things to add to your garden. It helps make poor soil better, good soil great, and great soil super-duper!

## **In the Phytonutrient Garden**



Purchase your Seed Potatoes and place them in a tray in a sunny position for at least a week before planting. Plant out in the garden, or in a large plastic pot or in a Trashcan when shoots are 2 inches long.

## **In the Phytonutrient Garden**



If you haven't done so yet, Begin sowing seeds of leaf lettuces, collards, and other greens outdoors; for continuous harvest, repeat sowings every 2 weeks.

## **In The Fruit Garden**



Prune immature fruit trees if needed. Spray Apples, Peaches, Pears and Plums with an all-natural fungicide when the buds begin to swell. (Rarely, if ever, do I recommend spraying pesticides or fungicides as a preventative measure except in the case of these non-native fruit trees.)

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## **In the Phytonutrient Herb Garden**

Continue with Planting some Herbs: Calendula, Chervil, Chives, Cilantro, Dill, Parsley, Echinacea, Feverfew, Oregano, Rosemary, Sage, Sorrel, Thyme.

## **In the Yard**



Valentine's Day means it's time to prune roses. Sometime during the middle of February, shape your rose and give it some TLC in the form of lots of good old compost.

## **In the Yard**



Shear hedges to shape and retard growth. Cut woody perennials such as Esperanza and Firebush down to 12" segments. When new growth appears at the base, cut the old stems nearly to the ground to eliminate unsightly dead sticks.

## **In The Living Room**

There is still time to order seeds and starting very soon you will be able to buy organic, non-gmo, high quality seeds right from my website. I will be launching Phytonutrient Farms Seed Supplier this month!



Quality Seed Supplier